

SUGAR BEACH

MAURITIUS

CINQ MÔNDES

SPA PARIS

WELL BEING PACKAGE RELAX, RE-ENERGIZE REGENERATE & DETOX

Relaxation & Visualisation are two separate stress relieving techniques that are used together in our Spa & Wellbeing Packages

The relaxation techniques help to calm tense muscle and the visualization methods use positive and appealing images to overcome mental and emotional problems

Feelings are linked to posture if your body is relaxed your body will follow suit and a relaxed mind produces significant physical benefits

Our team is prepared to make you relax & rejuvenate

Your Well-Being is our priority. Sugarbeach spa care for you

Healthy detox Juice / Egyptian Mist to relax and have a better sleep

RELAX ANTI-STRESS PACKAGE

3 DAYS - RS 12,000

- Rejuvenating Body Scrub - 30 mins
- Oriental Stress Relief Massage - 60 mins
- Foot Reflexology - 30 mins
- Kobi Do Lifting Facial - 50mins

DETOX PACKAGE

5 DAYS - RS 16,000

- Detoxifying Body Scrub and Wrap - 50 mins
- Lymphatic Massage - 60 mins
- Revitalizing Leg Massage - 30 mins
- Detox and Firming Massage - 60 mins
- Intensive Back Massage - 30 mins

RE-ENERGIZE REGENERATE PACKAGE

7 DAYS - RS 25,000

- Purifying Scrub and Body Wrap - 50mins
- Deep Relaxing Balinais - 60 mins
- Energetic Shiatsu - 60 mins
- Ayurvedic Tension Release - 80 mins
- Kobido Supreme Facial - 80mins
- Foot Reflexology Massage - 30 mins
- Intensive Back Massage - 30 mins